

# ***BUILDING FOR THE FUTURE***

This day care facility participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving day care.

Each day more than 2.9 million children participate in the CACFP at day care homes and centers across the country. Providers are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

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**Meals** CACFP homes and centers follow meal requirements established by USDA.

Breakfast	Lunch or Supper	Snacks (Two of the four groups)
Milk Fruit or Vegetable Grains or Bread	Milk Meat or meat alternate Grains or bread Two different servings of fruits or vegetables	Milk Meat or meat alternate Grains or bread Fruit or vegetable

## **Participating Facilities**

Many different homes and centers operate the CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers.
- **Family Child Care Homes:** Licensed or approved private homes.
- **At-Risk, Afterschool Care Programs:** Centers in low-income areas provide free snacks to school-age children and youth.
- **Emergency Shelters:** Emergency shelters provide food services to homeless children.

## **Eligibility**

State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under;
- Migrant children age 15 and younger, and
- Youths through age 18 in afterschool care programs in needy areas

## **Contact Information**

If you have questions about the CACFP, please contact one of the following:

### **Sponsoring Organization:**

or

### **State Administering Agency:**

The Planning Council  
Child and Adult Care Food Program  
113 West Road, Suite 202-A  
Towson, MD 21204  
Toll Free: 1-800-410-9774

Maryland State Department of Education  
School and Community Nutrition Programs Branch  
Child and Adult Care Food Program  
200 W. Baltimore Street  
Baltimore, MD 21201  
410-767-0214



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