



Learn the skills to help save a life.

April 26-27, 2016

8:30am-4:30pm

Patriots Colony At Williamsburg

Suicide is preventable. Anyone can make a difference. Attend the award-winning ASIST workshop and learn to: • recognize people at risk of suicide, • talk to them, hear their stories, and understand their situations, then • help them stay safe with a life-affirming intervention. The two-day ASIST (Applied Suicide Intervention Skills Training) workshop is open to anyone 16 or older. Widely used by both professionals and the general public, ASIST offers something to every participant, no matter how experienced.

TRUSTED: ASIST is the most widely used suicide intervention training workshop in the world. Over 100,000 people attend ASIST each year in more than 30 countries.

ENGAGING: ASIST is a dynamic, hands-on workshop that uses adult learning principles. It includes presentations, discussions, and audiovisuals, plus simulations to practice intervention skills.

PROVEN: ASIST works. A major 2013 study showed that the ASIST intervention process significantly reduces thoughts of suicide and helps people at risk feel more hopeful about living.

This training is provided free of charge to participants through the generous sponsorship of The American Foundation for Suicide Prevention.

This is a 2 day training. You should only register if you are available to attend both days. SEATING IS EXTREMELY LIMITED.

To Register: <https://www.surveymonkey.com/r/THCQFJC>

