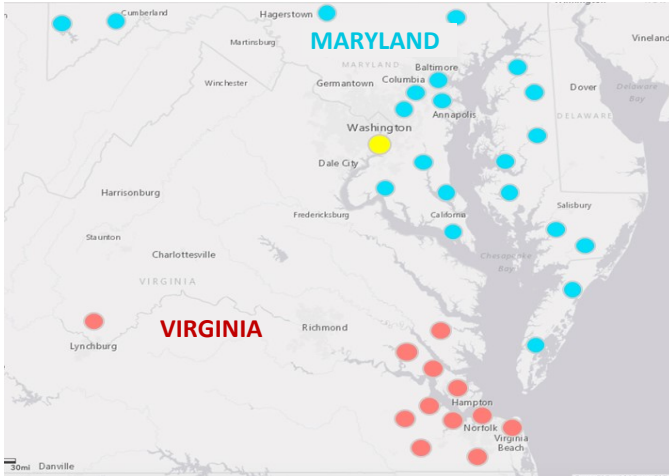
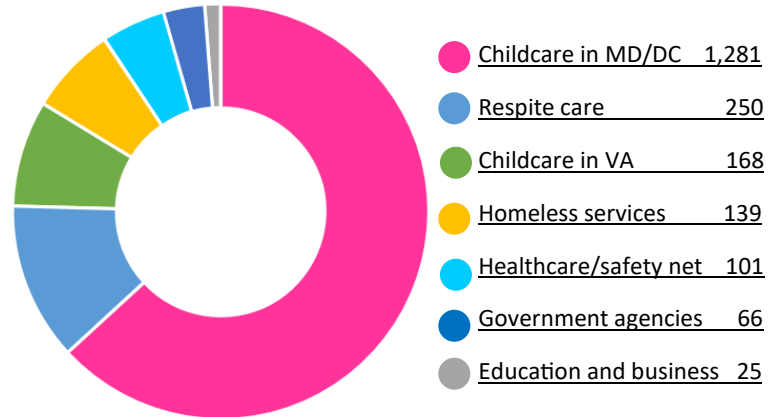


# The Planning Council 2019 Impact Report

We work in 40 Locations in VA, MD & Washington, DC

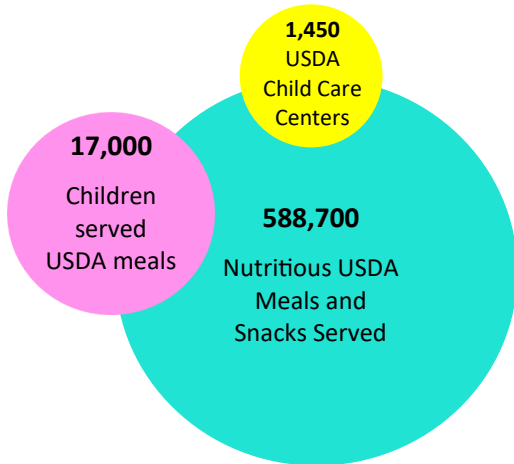


We partner with more than 2,000 organizations in the following sectors:



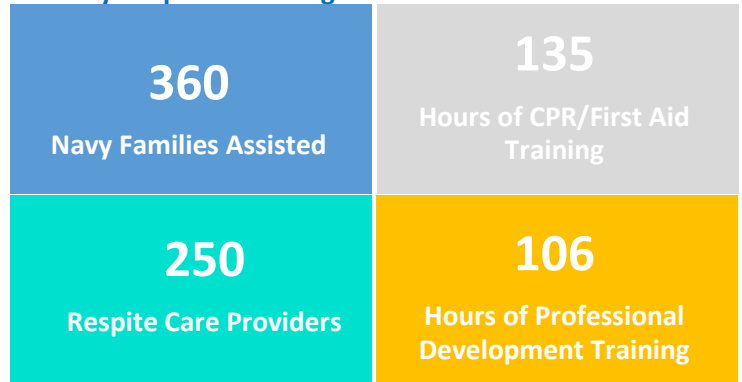
## OUR PROGRAMS:

### USDA Child and Adult Care Food Program



The **Child and Adult Care Food Program (CACFP)** is a US Department of Agriculture subsidized meal program for adults and children in day care facilities. The Planning Council partners with 1,450 child care centers to ensure that 17,000 children across our service area receive healthy meals and snacks every day. CACFP makes sure that **low-income children are protected from hunger**, and can build a foundation of good nutrition to help them succeed in school.

### US Navy Respite Care Program



**U.S. Navy Exceptional Family Member Program (EFMP)** is a partnership with Child Care Aware of America that provides respite care to Navy families with a family member diagnosed with autism, a genetic or mental or other serious medical condition. The Planning Council screens respite care providers, helps families select the care they need, provides regular training and conducts evaluation and monitoring. **Respite care can relieve stress for everyone in the home, and research shows that it may help mitigate challenging behavior and even reduce future hospitalizations.**

### Sentara Partnership

- \$650,000 awarded to 38 safety net organizations
- \$152,000 in assistance to 92 Sentara employees facing a temporary financial hardship

The Planning Council supported Sentara with processing applications for 38 safety net organizations that resulted in \$650,000 in awards. The collaboration promotes quality partnerships between Sentara and the agencies that support our communities. The Planning Council also administered the Sentara relief fund which helped more than 90 Sentara team members during a financial crisis.

## Housing and Homeless Solutions

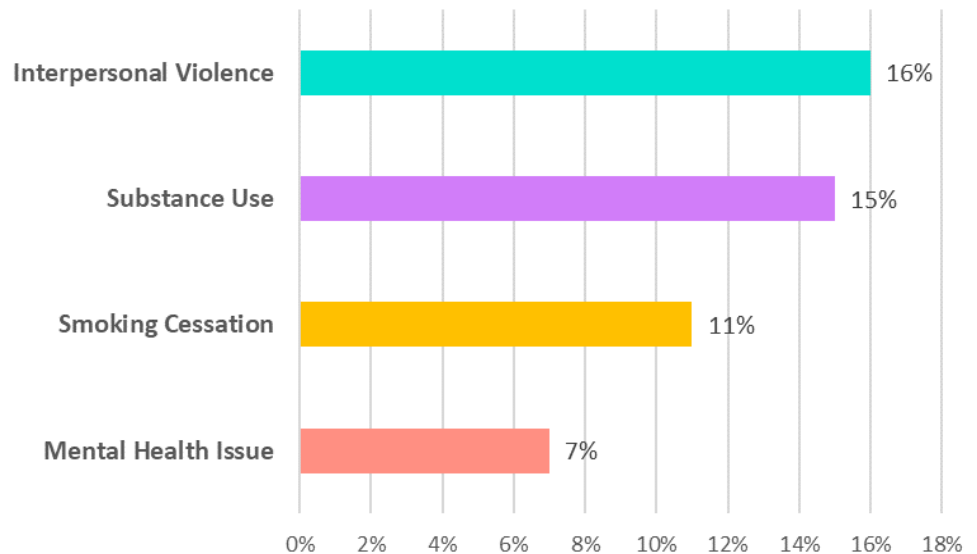


**Housing and Homeless Solutions** provides leadership, coordination, and technical assistance for over 130 homeless services providers in Greater Hampton Roads. In 2019, over 1,100 persons experiencing homelessness were counted throughout the region. As the Lead Agency, The Planning Council secured **\$8.6 million to ensure that homelessness is rare, brief and non-recurring.** In 2019, The Planning Council also began a pilot project for ending youth homelessness in the region, hosted a regional conference on ending homelessness and provided a variety of trainings to member agencies and volunteers.

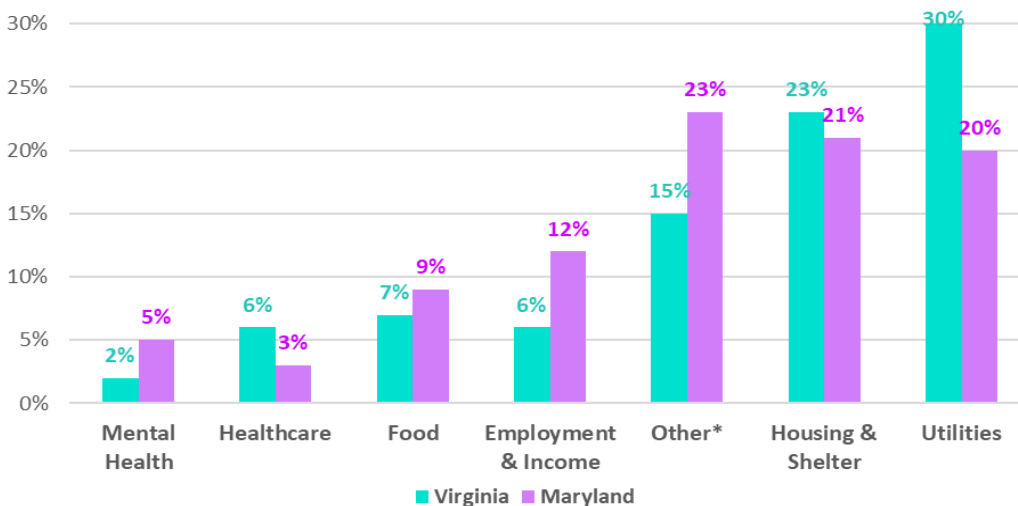
## Home Visiting Centralized Intake

The Planning Council conducts Home Visiting Centralized Intake (HVCI), which includes behavioral and health screenings for at-risk and new moms. Part of this process is identifying risk factors facing these mothers and connecting them with Home Visiting nurses and other assistance they might not otherwise have access to. In 2019, The Planning Council screened and referred 329 at-risk mothers to community programs. This is essential to young families because, according to the World Health Organization (WHO) **suicide is a leading cause of maternal death, and research shows that home visiting can put new and/or struggling families on the path to positive family and child development.**

Risk Factors Identified Through 2019 HVCI



## 2-1-1 Virginia and 2-1-1 Maryland: Percentage and Type of Request



**2-1-1 Virginia and 2-1-1 Maryland** are online resources for a **wide variety of assistance ranging from emergency shelter to free tax preparation.** In 2019, Virginia and Maryland 211 programs received nearly 300,000 requests for safety net programs.

*NOTE: \*Other includes requests for appropriate agencies for records, documentation, permits and general information.*