We work in 40 Locations in VA, MD & Washington, DC

We partner with more than 2,000 organizations in the following sectors:

- **Childcare in MD/DC**: 1,281
- **Respite care**: 250
- **Childcare in VA**: 168
- **Homeless services**: 139
- **Healthcare/safety net**: 101
- **Government agencies**: 66
- **Education and business**: 25

**Sentara Partnership**

- **$650,000** awarded to 38 safety net organizations
- **$152,000** in assistance to 92 Sentara employees facing a temporary financial hardship

**OUR PROGRAMS:**

**USDA Child and Adult Care Food Program**

- **1,450** USDA Child Care Centers
- **17,000** Children served USDA meals
- **588,700** Nutritious USDA Meals and Snacks Served

The Child and Adult Care Food Program (CACFP) is a US Department of Agriculture subsidized meal program for adults and children in day care facilities. The Planning Council partners with 1,450 child care centers to ensure that 17,000 children across our service area receive healthy meals and snacks every day. CACFP makes sure that low-income children are protected from hunger, and can build a foundation of good nutrition to help them succeed in school.

**US Navy Respite Care Program**

- **360** Navy Families Assisted
- **135** Hours of CPR/First Aid Training
- **250** Respite Care Providers
- **106** Hours of Professional Development Training

**U.S. Navy Exceptional Family Member Program (EFMP)** is a partnership with Child Care Aware of America that provides respite care to Navy families with a family member diagnosed with autism, a genetic or mental or other serious medical condition. The Planning Council screens respite care providers, helps families select the care they need, provides regular training and conducts evaluation and monitoring. Respite care can relieve stress for everyone in the home, and research shows that it may help mitigate challenging behavior and even reduce future hospitalizations.

The Planning Council supported Sentara with processing applications for 38 safety net organizations that resulted in $650,000 in awards. The collaboration promotes quality partnerships between Sentara and the agencies that support our communities. The Planning Council also administered the Sentara relief fund which helped more than 90 Sentara team members during a financial crisis.
Home Visiting Centralized Intake

The Planning Council conducts Home Visiting Centralized Intake (HVCI), which includes behavioral and health screenings for at-risk and new moms. Part of this process is identifying risk factors facing these mothers and connecting them with Home Visiting nurses and other assistance they might not otherwise have access to.

In 2019, The Planning Council screened and referred 329 at-risk mothers to community programs. This is essential to young families because, according to the World Health Organization (WHO) suicide is a leading cause of maternal death, and research shows that home visiting can put new and/or struggling families on the path to positive family and child development.

2-1-1 Virginia and 2-1-1 Maryland are online resources for a wide variety of assistance ranging from emergency shelter to free tax preparation. In 2019, Virginia and Maryland 211 programs received nearly 300,000 requests for safety net programs.

NOTE: *Other includes requests for appropriate agencies for records, documentation, permits and general information.